2020 EAST XC

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| **Date** | **Start Time** | **Teams** | **Event** | **Location** |
| ***8-8*** | 7:30am | ALL | Time Trials | Lost Mountain Park  *Powder Springs, GA* |
| ***8-14/15*** | 6pm 8:30am | ALL | Harrison 2 Mile | Allatoona Creek  *Acworth, GA* |
| ***8-22*** |  |  | OFF |  |
| ***8-29*** | 8am | ALL | Heritage 5-Star Stride | Heritage High School  *Ringgold, GA* |
| ***9-5*** |  |  | OFF |  |
| ***9-12*** | 9am | ALL | Lions Invite | Boundary Waters  *Douglasville, GA* |
| ***9-19*** | 7:45am | ALL | County | White Oak Park  *Dallas, GA* |
| ***9-26*** |  |  | OFF |  |
| ***10-3*** | 9am | ALL | Rome All Area | Georgia Highlands College  *Rome, GA* |
| ***10-16/17*** | 4pm 8am | ALL | Coach Wood | McIntosh Reserve  *Whitesburg, GA* |
| ***10-24*** | TBD | ALL | Region Championships | McIntosh Reserve  *Whitesburg, GA* |
| ***10-30*** | 6:30am | ALL | End of Season Mile Time Trial | EPHS Track |
| ***11-6*** | 12pm | V | State AAAAA Championship | Carrollton MS  *Carrollton, GA* |

\*Races and times are subject to change, above is a tentative schedule

Website

[www.eastpauldingxc.com](http://www.eastpauldingxc.com)

Remind

Athletes: @epxc20

Parents: @epxc20p