2022 EAST XC

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| **Date** | **Start Time** | **Teams** | **Event** | **Location** |
| ***8-6*** | 7:30am | ALL | Time Trials | Lost Mountain Park  *Powder Springs, GA* |
| ***8-13*** | 7:20am | ALL | Harrison 2 Mile | Allatoona Creek  *Acworth, GA* |
| ***8-20*** | 8am | ALL | Into the Trail Invite | Locust Grove HS  *Locust Grove, GA* |
| ***8-27***  ***SAT*** |  |  | PRACTICE |  |
| ***9-3*** | 8am | ALL | Run at the Rock | Woodland HS  *Cartersville, GA* |
| ***9-10***  ***ACT*** | 7:30am | ALL | Carrollton Invite | Carrollton MS  *Carrollton, GA* |
| ***9-17*** | 7:30am | ALL | County | White Oak Park  *Dallas, GA* |
| ***9-24*** |  | Invited | Wingfoot | Sam Smith Park  *Cartersville, GA* |
| ***10-1***  ***SAT*** | 9am | V | Wendy’s | McAlpine Park  *Charlotte, NC* |
| ***10-4*** | 4:30pm | JV | Rockmart JV | Prospect Valley Golf Course  *Rockmart, GA* |
| ***10-8*** |  |  | PRACTICE |  |
| ***10-15*** | 11:15am | ALL | Pickens & Grinnin | Roper Park  *Jasper, GA* |
| ***10-22***  ***ACT*** | 10am | ALL | Region Championships | McIntosh Reserve  *Whitesburg, GA* |
| ***10-28*** | 6:30am | ALL | End of Season Mile Time Trial | EPHS Track |
| ***11-5***  ***SAT*** | 8am | V | State AAAAA Championship | Carrollton MS  *Carrollton, GA* |

\*Races and times are subject to change, above is a tentative schedule

Website

[www.eastpauldingxc.com](http://www.eastpauldingxc.com)

Remind

Athletes: @epxc22

Parents: @epxc22p