2022 EAST XC

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| **Date** | **Start Time** | **Teams** | **Event** | **Location** |
| ***8-6*** | 7:30am | ALL | Time Trials | Lost Mountain Park*Powder Springs, GA* |
| ***8-13*** | 7:20am | ALL | Harrison 2 Mile  | Allatoona Creek*Acworth, GA* |
| ***8-20*** | 8am | ALL | Into the Trail Invite | Locust Grove HS*Locust Grove, GA* |
| ***8-27******SAT*** |  |  | PRACTICE |  |
| ***9-3*** | 8am | ALL | Run at the Rock | Woodland HS*Cartersville, GA* |
| ***9-10******ACT*** | 7:30am | ALL | Carrollton Invite | Carrollton MS*Carrollton, GA* |
| ***9-17*** | 7:30am | ALL | County | White Oak Park*Dallas, GA* |
| ***9-24*** |  | Invited | Wingfoot | Sam Smith Park*Cartersville, GA* |
| ***10-1******SAT*** | 9am | V | Wendy’s | McAlpine Park*Charlotte, NC* |
| ***10-4*** | 4:30pm | JV | Rockmart JV | Prospect Valley Golf Course*Rockmart, GA* |
| ***10-8*** |  |  | PRACTICE |  |
| ***10-15*** | 11:15am | ALL | Pickens & Grinnin | Roper Park*Jasper, GA* |
| ***10-22******ACT*** | 10am | ALL | Region Championships | McIntosh Reserve*Whitesburg, GA* |
| ***10-28*** | 6:30am | ALL | End of Season Mile Time Trial | EPHS Track |
| ***11-5******SAT*** | 8am | V | State AAAAA Championship | Carrollton MS*Carrollton, GA* |

\*Races and times are subject to change, above is a tentative schedule

Website

[www.eastpauldingxc.com](http://www.eastpauldingxc.com)

Remind

Athletes: @epxc22

Parents: @epxc22p